

HEALTH II-PERSONAL HEALTH

PLAN –2:50-4:00***** **e-mail:** pamela.griffin@browardschools.com

Text: Glencoe Health

****Computer and Internet access are necessary for success in this class****

MATERIALS REQUIRED: Folder, notebook paper, pen & pencils

Supplemental Materials that may insure success in this course include:

- Glue sticks, poster boards and construction paper, old magazines

Course Content:

■ Major concepts/content: The purpose of this course is to provide students with knowledge and skills related to health topics, which will enhance their ability to make wise health decisions for themselves, their families, and communities.



Course Requirements (.5 credit)

After successfully completing this course, the student will:

1. Explain causes, effects, symptoms, and methods of preventing or controlling major diseases and disorders, including acquired immune deficiency syndrome.
2. Take appropriate safety measures for various hazardous situations and activities, and apply first aid skills.
3. Determine actions that individuals, families, and communities can take to control environmental and health problems.
4. Understand roles, relationships, rights, and responsibilities of family members.
5. Explain the process of human growth and development throughout life
6. Understand the major facets of the health-care system and plan for investigations of health careers.
7. Describe personal safety precautions in the handling of body fluids with regard to communicable disease.

TOPICS:

**Diseases and disorders - safety - first aid - community health-
environmental health - family life - human growth and development – body
systems - health careers**

Homework:

■ There will be a few assignments to complete at home. If you are out of class for any reason, see the web page for makeup work. Use class time wisely and use your home time to study as needed.

Grading/Make-up Policy

■ 60% tests and projects; 20% classwork; 20% news articles

■ Makeup tests will be **after school at 2:40 by appointment**. You must follow the school board policy on makeup work timelines if you have an excused absence.



CLASSROOM PROCEDURES

Congratulations on choosing a challenging academic program for your high school curriculum. In order for your class to run smoothly, specific procedures are necessary. Monarch Knights are students of high character and thus, will adhere to the following requests with little to no difficulty.

- ◆ Be in your classroom **prior** to the tardy bell ringing. This will avoid the hassles of detentions and tardy consequences.
- ◆ In the unlikely event a detention is placed on your desk, you will kindly complete the **date** in which you will serve the detention (within 48 hours on a M-W-F), the **reason** you received the detention, the **phone number where your parent can be reached between 7 a.m. and 4 p.m.** and your **personal information** including identification number. Then place the detention on my desk until the end of class. At that time I am happy to discuss the consequence with you if needed.
- ◆ Lessons will begin promptly each day as I value your educational time. Please **look at the board daily for instructions on how each class is to begin**. You are expected to begin work as soon as the tardy bell rings. Thanks.
- ◆ I will answer questions from **absent students** during the first 5 minutes of class or before school when I am in the room from 7:15 on. Sometimes we have early teacher meetings and I will not be in my room early.
- ◆ **Observing the vacant seats each day will check roll call**. Please take your assigned seat prior to the tardy bell ringing. If you come late to class, please give me the pass rather than setting it on my desk. This will avoid parents being called due to attendance errors.
- ◆ **You need a pass each and every time you leave this classroom**. Always ask for the pass **after** you sign out and **RETURN the pass to the TEACHER ONLY** once you have signed back in. **Passes will not be issued in the first 10 minutes or the last 10 minutes of class as per school rules**. Students will not be issued restroom passes excessively as this becomes a class interruption. If you have a medical need on file, please let me know so we can make special arrangements for this need.
- ◆ A class period is 50 minutes long. Teaching/learning will **continue for that entire period**. **STUDENTS are dismissed by the teacher**, not the bell. **I know you will maintain the decorum of a student Knight during the entire period**. Inappropriate classroom behavior will not be tolerated, as it is disrespectful and disruptive to the learning environment of others. Thank you for your time.